

A REVOLUTIONARY APPROACH TO MUSCLOSKELETAL HEALTH CRITICAL CONCEPTS & TACTICS

Overview:

This compact workshop will present critical concepts related to the human movement system that every employer needs to embrace in order to prevent and control the costs associated with musculoskeletal claims. This program will be presented by David M. Hatrel, PT, MTC, DPT, a physical therapist and President/CEO of Health Connections Enterprises (HCE). HCE is dedicated to the prevention and conservative management of musculoskeletal problems faced by today's employers. Once the critical concepts have been presented, David will demonstrate what tactics an employer can deploy to take advantage of this new knowledge and information. Many employers have reached out to the healthcare industry for help with this problem, and had little success. David's presentation of Critical Concepts and Tactics will explain why these relationships have failed in the past and how to make them work in the future!

March 31st, 2015

7:00—11:30am

Cork Factory Hotel

480 New Holland AVE

Lancaster, PA

Key Learning Concepts:

1. How to get out from under what appears to be RESTRICTIVE laws, regulations and antiquated healthcare models!
2. How can you determine the TRUE physical demands of your work process?
3. Can you really determine an individual's SAFE material handling limits?
4. How does repetition REALLY impact an employee's health and safety?
5. Should your goal be an ERGONOMICALLY PERFECT work place? Will that help?
6. What could your JOB SPECIFIC conditioning program look like?

- 7:00-7:30am *Continental breakfast*
- 7:30-8:15am *Special Guest Speaker*
- 8:30-11:15am *Keynote Presentation*
- 11:15-11:30am *Questions & Answers with Expert Panel*

And much more...

**PROFESSIONAL
SERVICES GROUP**

A DIVISION OF WADDEE INC.

Special Guest Speaker— Dale Rothenberger
Sales Manager—Waddee, Inc.

Development Of An OSHA Compliant Safety Program

Dale Rothenberger is currently responsible for expanding the business model and expertise within the Professional Services Group of WADDEE, Inc. of Reading PA. A full service consulting enterprise, the Professional Services Group works with Business Executives to drive down costs and improve employee safety by establishing a "Safety Management System." He brings over twenty years of experience in program development and implementation, business development, and marketing, along with technology applications and advancement. His analytical approach to safety performance has proven time and again that employee tasks can be measured and results predicted. Added skills include project management and problem solving, having been formally trained as a Mechanical Engineer and working in the design and construction industry. He has spoken nationally, as both a Sales Motivator and Technology expert. A Safety Management System (SMS) provides a systematic way to identify hazards and control risks while maintaining assurance that these risk controls are effective.

SMS can be defined as a businesslike approach to safety. It is a systematic, explicit and comprehensive process for managing safety risks. As with all management systems, a safety management system provides for goal setting, planning, and measuring performance. A safety management system is woven into the fabric of an organization. It becomes part of the culture, the way people do their jobs. There is a direct and implied expectation placed on an employer to ensure that work activities and the place of work are to be safe. There are legislative requirements defined in just about every jurisdiction on how this is to be achieved and there is a substantial body of research which shows that effective safety management (which is the reduction of risk in the workplace) can reduce the financial exposure of an organization by reducing direct and indirect costs associated with accident and incidents. In this session, we will define the basics of a SMS program, and cite examples of companies where implementation and improvements leads to better workers, lower costs, and recognized rewards.

ACCURATELY DETERMINE THE PHYSICAL REQUIREMENTS OF YOUR WORK TASKS!

Many employers have documents that show what they think are the physical demands of the work they are asking their employees to perform. Yet, these same employers are experiencing significant injuries related to sprains and strains from these same jobs. There are two possible explanations. First, the employees that are being hired are NOT able to lift, carry, push/pull the amounts listed in the employer's documents. Maybe they were never tested, they have gotten weaker with time, or their general health has declined. This is a subject for a different time. In this workshop, we will explore the other possible reason for the sprains and strains, even when employers have written physical demands listed.

March 31st, 2015
12:30—1pm Registration
1pm-3pm Presentation
Cork Factory Hotel
480 New Holland AVE
Lancaster, PA

COULD IT BE, THE AMOUNTS IN THE DOCUMENTS ARE JUST PLAIN WRONG!

How could this happen? There are several explanations. The documents could be old or the jobs could have been changed with no updating of the documents. However, it is more likely that the documents were never truly accurate in the first place. In this HCE educational seminar, we will explore our scientifically based process to determine and validate the true physical demands of your jobs. In order to get the right ANSWER, we need to be asking the right QUESTIONS. We need to be considering EACH of the following items and how it impacts the physical requirements an employee must have, AND MAINTAIN, to prevent musculoskeletal sprains and strains:

- The force or weight of the object
- The reach required during any lifting
- The vertical height (high to low, low to high) of any lifting
- The position of the body during any lifting
- The distance an item might be pushed, pulled or carried
- The frequency of each task during a shift

We will discuss the importance of each item based upon valid and longstanding clinical research from Liberty Mutual's Research Institute, and demonstrate how HCE's proprietary physical demand tools can simplify the information gathering and analysis process. We will show you how the HCE process can not only yield accurate physical demands of your work, but help you understand where you might get the best outcome from an ergonomic modification.

To Register: Call, email or fax the following information to HCE

Call: Jancie Nauman (866-398-9169, ext 703)

Fax: 866-398-9169, attention Jancie Nauman,

Email: jancien@health-connections.us

Name: _____ Organization: _____
Title/Position: _____ Email: _____ (For confirmation of registration)
Work Phone: _____ How did you hear about this workshop? _____

Please select which session you would like to attend:

- Morning Session— No entry fee!*
- Afternoon Session—\$35 entry fee**
- Both Sessions—\$25 entry fee**
- *Clients of HCE, The Rehab Center, or Zee Medical— no entry fee at all.*

Please mail check for entry to:

Health Connections Enterprises
2045 Broadwater Ave, Suite 2
Billings, MT 59102

OR fax/call with credit card information.

For security purposes, please refrain from emailing credit card information.

Cork Factory Hotel

