

Health Connections Enterprises
2045 Broadwater Ave., Suite 2
Billings, MT 59102

A SYSTEMATIC
APPROACH TO MANUAL &
EXERCISE THERAPY

.....
Utilizing Advanced Techniques
to Achieve Rapid and Long
Lasting Results

Lecture / Lab Format

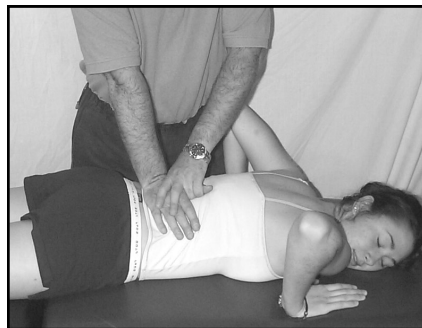
Clinical Assessment and Treatment Techniques

Hands-on! New concepts! Integrated Approach!



Health Connections

E N T E R P R I S E S



A SYSTEMATIC APPROACH TO MANUAL &

EXERCISE THERAPY

*Utilizing Advanced Techniques
to Achieve Rapid and Long
Lasting Results*

Check Course Dates:
www.health-connections.us/courses

Course Fee: For cost, see reverse side of brochure. Payment is due in full at time of registration. Discount for multiple registrants - see course information on reverse side of brochure. Registrations must be received together to receive discount.

Course Confirmation: You should receive confirmation, by email, within 1 week of registering. *Please check your junk/spam email folder*, and contact us if you do not receive it. If you would prefer confirmation another way please indicate at the bottom of your registration form.

Cancellation Policy: Payment includes a \$50 (\$20 for a 1-day seminar) non-refundable administration charge. Cancellation must be received more than 14 days prior to course. **No** refund will be given for cancellation less than 14 days before course, however credit will be given towards one of our future seminars. **No** refund or credit will be given for cancellation 3 days or less before seminar. Health Connections Enterprises reserves the right to cancel a course. In this case there will be a full refund. Health Connections Enterprises will not be responsible for any charges incurred by the registrant due to the cancellation of the course.

Continuing Education Credits:

Health Connections Enterprises will apply for course approval and accreditation with the appropriate state organization.

Intended Audience:

Licensed Physical/Occupational Therapists and Assistants

Instruction level: Various (Beginner to Advanced)

What to wear/bring: Please wear suitable clothing so the appropriate areas can be examined and treated in the lab sessions. It is suggested that the participant bring an exercise/yoga mat or soft towel for these sessions.

For more information please contact:

Email: info@health-connections.us

Phone: (866) 398-9169

3 EASY WAYS TO REGISTER

1. Fax this form to: **(866) 398-9169**
2. Mail Form to: **Health Connections Enterprises**
2045 Broadwater Ave., Suite 2
Billings, MT 59102
(make check payable to Health Connections Enterprises)
3. By Phone: **(866) 398-9169 ext. 710**

REGISTRATION FORM



A Systematic Approach To Manual and Exercise Therapy

Course Location: _____

Course Date: _____

PT / OT / Asst. _____ Please circle & initial _____

Fee: N/A (see course description)

PLEASE PRINT CLEARLY! (or your registration may be held up)

Name (as you would like it to read on your certificate):

Address: _____

City: _____

State: _____ Zip: _____

Work Phone: () _____

Home Phone: () _____

E-Mail: _____

Visa / MC / AMEX / DIS (**Ignore**)

Card#

Cardholder's name and address: (if different from above)

Ignore this section! _____

Exp. Date: / Sec. code#: **Ignore**

Signed: _____

Confirmation will be by e-mail. **Please check your junk/spam folders.** If you prefer this another way, please circle:
mail / fax. Fax #

COURSE DESCRIPTION

Utilizing lecture, lab, case presentations and live patient examinations, this class will demonstrate advanced concepts and techniques that will allow you to achieve positive clinical outcomes in a short time that will last a lifetime.

First in the HCE series of comprehensive manual and exercise therapy courses, this class will explore the impact of joint and soft tissue anatomy, arthrokinematics / osteokinematics, neurology, physiology, psychology and more on the evaluation and treatment of the musculoskeletal system. HCE advocates a unique assessment and treatment approach that covers all the major body sections and the entire body as a whole. Advanced clinical assessment and treatment techniques will be included in order to fully support each key concept of HCE's approach to preventing & managing problems of the musculoskeletal system. HCE will demonstrate a functionally integrated approach to manual therapy and exercise prescription that will enhance your clinical outcomes.

As the series of courses progress, more detailed assessment and treatment techniques will be added to each respective body section, so the participant will be able to handle increasingly complex patient presentations.

Developing superior, hands-on, assessment and treatment techniques will enable the class participants to efficiently and effectively treat the orthopedic patient population. Blending a manual approach with scientifically based exercise prescription will ensure long-term clinical and functional success.

Health Connections Enterprises' approach to the musculoskeletal system places highly skilled manual and exercise therapists at the forefront of the healthcare team. Working in harmony with large and small employers, Health Connections Enterprises is striving to turn the tide of the run-away costs of the workman's compensation and general healthcare systems. Armed with the content of this course,

YOU ARE THE SOLUTION!

COURSE OBJECTIVES

At the completion of the course, the participant will be able to:

- Assume a primary care leadership role in the assessment and treatment of musculoskeletal complaints.
- Ensure patient safety as it relates to medical differential diagnosis, impact of pharmacology and the proper use of imaging within the rehabilitation setting.
- Use evidence based practice, the HCE functionally integrated approach, and the principles of the various basic sciences of the human body, to determine the primary **DRIVERS** leading to a patient's complaint.
- Employ advanced evaluation and treatment techniques covered in the lecture and lab sessions immediately upon return to their clinic.
- Employ the HCE evaluation & treatment approach, clinical screening processes, objective clinical indicators and treatment schematics to gain rapid and long lasting clinical success.

COURSE TUITION:

Facility Fee: \$5500.00
Including expenses for airfare, hotel, meals, etc.

Please have each attendee use this form to register.

COURSE SCHEDULE

Pre- Course Activities:

- Patient Case Scenario Exercises
- Pre-Course Exam

DAY ONE

(Evaluation & treatment techniques: demonstrated & practiced for each case.)

- 07:15 Sign in, attain course materials
07:45 Course Begins, Introduction
08:00 **Lumbar Case** Review from Pre-course Assignment (Assessment/Treatment)
08:30 HCE's Approach & Outcomes to the above Lumbar Case (Assess./Treat., Lab Practice)
9:00 Overview: HCE Key Concepts and Systematic Approach to Manual & Exercise Therapy
09:35 Break, 10 minutes
09:45 Proper Utilization of Imaging, Pharmacology and Differential Diagnosis in the Rehabilitation Setting. (Also Demonstrated within Case Scenarios within Course)
10:00 Tensegrity/Bio-tensegrity, Area of Greatest Restriction (AGR) & Treatment Sequencing (Lecture / Lab)
12:00 Lunch, On Own
01:00 AGR/Sequencing (Lecture / Lab)
02:00 Biomechanical, neurological, physiological, behavioral, pathological and structural models in Manual Therapy Approaches. (HCE's Functionally Integrated Approach)
02:30 **Shoulder Case** Review from Pre-Course Assignment (Assessment / Treatment)
03:00 Break, 10 minutes
03:10 HCE's Approach & Outcomes to the above Shoulder Cases, (Asses./Tx., Lab Practice)
04:30 Introduction / Practice of Clinical Indicators & Performance Testing (Utilized within Cases)
05:00 **End of Day One**
05:15 Optional, Clinical Problem Solving Time (Live Patient Presentation with class participation: Assessment, treatment and re-assessment.)
06:00 **Absolute End of Day One. Seriously, go home!**

DAY TWO

- 07:45 Sign In, Day Two
08:00 Applying HCE's Approach to **Cervical Complaints:** Clinical Case Review, Assessment / Treatment Technique Demonstration and Practice (Three Cases, with techniques)
09:35 Break, 10 minutes
09:45 Applying HCE's Approach to **Elbow, Wrist & Hand Complaints:** Getting "specific/precise" to overcome stubborn impairments! (Two Cases, with techniques)
Pre-Course Exercise Assignment Discussion
11:30 Lunch, On Own
12:00 Key Concepts in Effective Exercise Prescription. Practical Application of Basic Principles.
03:05 Break, 10 minutes
03:15 Applying Precise Exercise Prescriptions to the Clinical Cases Presented this Far
04:00 Group Activity: Live patient assessment, manual therapy treatment & exercise performance; re-assessment and discussion.
04:50 Class wrap-up: Q/A, exit exam & course survey
05:00 **End of Day Two**



David M. Hatrel, PT, MTC, DPT is President, CEO, and founder of Health Connections Enterprises. He is a 1991 Graduate of Louisiana State University Medical Center with a Bachelor's degree in physical therapy. He completed a Manual Therapy Certification program in 1995, through the University of St. Augustine. In 2012, David completed his Doctorate of Physical Therapy from the same University. David's Doctoral paper demonstrates how manual physical therapists with advanced training can significantly reduce the musculoskeletal costs of employers.

David has designed many functional testing protocols and return-to-work programs for insurance carriers, claims administrators, and employers alike. David has spent over twenty years training physical therapists in manual & exercise therapy, ergonomics, functional testing and business development.

Gavin E. Hamer, PT, DPT, FAAOMPT, Dip MT serves as Vice President of Continuing Education for Health Connections Enterprises. Dr. Hamer graduated from the Otago School of Physiotherapy in Dunedin, New Zealand in 1979. He later completed the New Zealand post graduate manipulative therapy program and was awarded his Diploma of Manipulative Therapy in 1991. Dr. Hamer continued his education and completed his Doctorate in Physical Therapy from Des Moines University. For his Graduate Paper, Dr. Hamer presented on the influence of psychosocial factors in those patients with lower back pain. In 2014, he became a Fellow of the American Academy of Orthopedic Manual Physical Therapy.

He has been sharing this experience and material through live continuing education classes across the US since 1995.



Distinguished Contributor

Bjorn W. Svendsen, DHSC, PT, FFAAOMPT

Bjorn W. Svendsen is a Founding Fellow of the American Academy of Orthopedic Manual Physical Therapy. His contributions to the physical therapy world are unprecedented. Health Connections Enterprises is honored to have Dr. Svendsen involved in our organization.